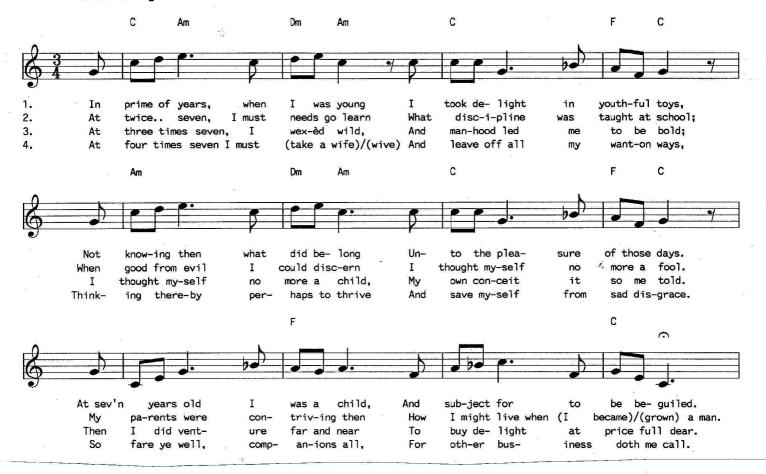
Steadily



At five times seven, I would go prove
What I could gain by art or skill;
But still against the stream I strove,
I bowled stones up against the hill.
The more I laboured with might and main,
The more I strove against the stream (or)
and strove in vain.

At six times seven, all covetousness Began to harbour in my breast, My mind then still contriving was How I might gain all worldly wealth, To purchase lands, and live on them, To make my children mighty men.

At seven times seven, all worldly care Began to harbour in my brain;
Then I did drink a heavy draught
Of water of experience plain.
Then none so ready was as I,
To purchase, bargain, sell, or buy.

At eight times seven, I waxèd old, I took myself unto my rest;
My neighbours then my counsel craved
And I was held in great request.
But age did so abate my strength
That I was forced to yield at length.

At nine times seven, I must take leave
Of all my carnal vain delight (or) vanity,
And then full sore it did me grieve,
I fetched up many a bitter sigh.
To rise up early, and sit up late
I was no longer fit, my strength did
abate (or)

I was not fit, strength did abate.

At ten times seven, my glass was run, And I, poor silly man, must die, I lookèd up, and saw the sun Was overcome with crystal sky. And now I must this world forsake, Another man my place must take.

Now you may see within the glass
The whole estate of mortal man;
How they from seven to seven do pass,
Until they are three score and ten,
And, when their glass is fully run,
They (must) leave off where they first
begun.

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